

CSIR – INDIAN INSTITUTE OF INTEGRATIVE MEDICINE, JAMMU

No:- IIMJ/Sr.COA/Misc.-2020

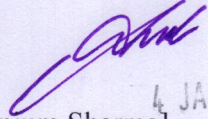
Dated: 04.01.2022

OFFICE MEMORANDUM

Sub:- Preventive Measures to contain the spread of Novel Coronavirus COVID-19 and upsurge of Omicron positive cases-reg.

In view of the recent upsurge in COVID-19/Omicron cases in India as well as the uptrend of these cases in Jammu, this matter has been under consideration of the Competent Authority and after a review, the following preventive measures have been decided as under, with immediate effect, to be followed by all the staff members.

1. All the officers/staff/students and contractual workers must ensure strict compliance with covid-appropriate behaviour viz. frequent washing of hands/sanitization, wearing of mask, observing social distancing at all times.
2. In this regard, it is also important that if any staff member experiences symptoms of COVID-19/Omicron such as severe body ache, cold, cough, breathlessness etc. he/she shall immediately isolate himself/herself, get tested and avoid coming to office.
3. Staff Members are advised to minimise intra and inter-state travel.
4. Meeting, as far as possible, shall be conducted on video-conferencing and personal meetings with visitors, unless absolutely necessary in public interest, are to be avoided.
5. Proper cleaning and frequent sanitization of workplace, particularly of the frequently touched surfaces may be ensured. It may also be ensured that there is no crowding in corridors, canteen etc.
6. The security of the institute is instructed to keep a check on the number of visitors coming to this institute as far as possible and should ensure that all the visitors are wearing face masks. Thermal screening of all visitors must also be performed as a precautionary measure.


[Anjum Sharma]

4 JAN 2022

Sr. Controller of Administration

Copy to:-

1. All HoDs/Sectional Heads.
2. PA to Director
3. Head, IT-for uploading this OM on the Intranet and Institutional website.
4. Notice Board.